



**Glen Eagle Advisors**

*Faith Family Firm*

Sponsors The 2020 Discussion Series



**BRIDGE™**

uniting holistic wellness & traditional healthcare

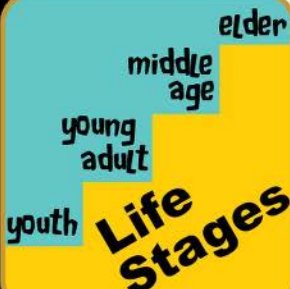
## **BODY IN BALANCE**

Holistic Approach to  
Healthy Eating & Weight Loss

**Lisa Testa**

M.S., Nutritional Consultant

**January 21**



## **Getting Older Ain't for Sissies**

A Financial Perspective

**Kathy Lo Bue**

Managing Director  
Glen Eagle Advisors

**March 24**



## **Putting Laughter Back into Marriage**

**Henry Cugini & Kathy Lo Bue**  
Facilitators

**May 19**



## **The Happiness Workshop**

**Diane Lang, M.S.**

Therapist, Educator, Life Coach

**July 21**

Co-Cathedral of St. Robert Bellarmine  
Parish Center / Msgr. Dentici Hall  
61 Georgia Road, Freehold, NJ 07728

Refreshments Served  
Time: 6:30 - 8:30 PM  
RSVP: 732-866-6660



## Defying Ageism

Finding Your Passion & Purpose

**Jeanne Koller, PhD**  
Assistant Professor  
School of Social Work  
Monmouth University

**September 15**



## LAUGH FOR THE HEALTH OF IT!

**Michele Granberg, M.A.**  
Certified Laugh Leader

**November 17**



**Kathy Lo Bue**  
Managing Director  
SPONSOR

- **Co-Cathedral of St. Robert Bellarmine**  
Trustee, Finance Council Chair,  
Eucharistic Minister & Immediate Past  
Chair of Faith in Our Future
- **Interfaith Caregivers of Greater  
Mercer County**  
Immediate Past Chair of the Board
- **Monmouth Regional Chamber of  
Commerce (Formerly Greater  
Monmouth Chamber of Commerce)**  
Past Board Vice Chair & Past  
Women in Business Chair
- **2016 Chamber Circle of Excellence  
Award for Small Business**
- **2018 Recipient of Interfaith  
Caregivers Shining Lights Award**

## Discussion Series

Celebrating our fifth year!

As a community, we learn, we share and we grow. Kathy developed the Discussion Series with a strong focus on bringing her 35+ years of investment know-how and life understandings to the forefront of people's everyday lives. She takes a holistic approach to managing money and working with clients.

Kathy has brought together highly knowledgeable speakers to share their thought-provoking expertise.

We invite you to join us as we experience life through others. The Discussion Series is free to the community, non-sectarian and non-sales oriented.

**Knowledge is POWER.....Sharing is**



**Glen Eagle Advisors**

**Kathy Lo Bue**  
**Managing Director**

*Faith Family Firm*<sup>®</sup>



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*“There is no exercise better for the heart than  
reaching down and lifting people up.”*

*— John Holmes*

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**Thank you and God Bless  
all those who serve!**

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